

Sustainable Activity in the Teaching Profession and Its Foundations.

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Abstract:

This article focuses on the specificity of the teaching profession and the factors influencing it in ensuring the professional stability of future teachers.

Keywords. Education - education, activity, attitude, stability, profession, theoretical rules, practical experience, empirical model, science, the Third Renaissance, universal and national values

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In order for the education system to function fully, it is necessary to form a positive attitude of future teachers towards this profession. Are teachers today sustainable in their profession? If they are stable, what is the level of efficiency? To answer these questions, it is necessary to observe and analyze the activities of secondary schools in order to imagine the real situation. So, if such a question arises, it is necessary to find a solution.

The stability of teachers in their professions has not lost its relevance today. Today, the state of Uzbekistan creates all the conditions for future teachers to work in their professions. Including. Decree of the President of the Republic of Uzbekistan No. PF-4947 of February 7, 2017 "On the Strategy for further development of the Republic of Uzbekistan", No. PP-2909 of April 20, 2017 "On measures for further development of the higher education system", 29 Resolutions PF-5264 "On the establishment of the Ministry of Innovative Development of the Republic of Uzbekistan" dated November 25, 2018, Decree PF-5313 dated January 25, 2018 "On measures to radically improve the system of general secondary, secondary special and vocational education" and

other normative legal acts related to this field.

Today, President Shavkat Miromonovich Mirziyoyev has a unique approach to the

education system. For example, on August 23, 2019 under the chairmanship of Shavkat Mirziyoyev was held a video conference on the development of public education, improving the skills and prestige of teachers in society, raising the morale of the younger generation. It was noted that President Shavkat Miromonovich Mirziyoyev should pay attention to the issues of training modern personnel with innovative and creative thinking, educating young people in the spirit of patriotism and high spirituality. At the meeting, President Sh. Mirziyoyev highlighted the opinion of the great enlightened ancestor Mahmudkhoja Behbudi that "it is the greatest school in the world" and highlighted the essence of this issue. Extensive and purposeful use of these ideas in the educational process creates the basis for the formation of professional stability in students.

If we pay attention, the concept of stability was introduced by Newton more than 300 years ago, in 1686, in his study on the stability of the motion of a simple pendulum in air and water. The stability of any event is reflected in its long-term and

accurate maintenance. In the simplest sense, what we mean by stability in the teaching profession is that a teacher is engaged in education for many years without changing his profession. Sustainability of teaching activity is a spiritual force that increases the teacher's inner spiritual outlook, resistance to various influences due to his devotion to his profession.

The concept of "professional stability" of the person was first introduced in 1965 by KK Platonov. KK Platonov proposed three models for a full understanding of professional stability:

1) a normative model, built on the basis of documents, instructions, rules, which clearly defines the requirements (health, temperament, moral qualities, etc.) necessary for a person to perform a particular activity;

2) an expert model based on the assessments of experts who are well versed in theoretical rules and practical experience;

3) the empirical model is "a model of a typical average profession that actually exists under certain specific conditions".

According to the scientist, if a person fits this model, then he is professionally stable [1].

Based on the above, we found it appropriate to focus on the following in shaping the professional sustainability of future teachers. These are:

- Identify young people interested in the teaching profession from school and enrich their knowledge of the profession;
- cultivate in students a sense of envy for their teachers;
- Involve students more in the subject of their interest in the subject they want to become a teacher;
- to provide students with interesting information about the teaching profession;
- Orientation of students to pedagogical colleges;
- Equipping freshmen with professional information;

- To provide second-year students with in-depth information on the methodology of each specialty and make recommendations for the effective conduct of internships;

- The mastery of third-year students in specialty subjects was monitored.

During the pedagogical practice of fourth-year students, a system of positive and stable attitudes towards the school and its community was formed.

The importance of the chosen profession for future teachers will be enhanced by the example of the speech of the President of the Republic of Uzbekistan Shavkat Mirziyoyev at the ceremony dedicated to the Day of Teachers and Coaches.

The great Greek scientist Aristotle said, "The fate of the homeland is decided by the upbringing of young people." See, these ideas were expressed in BC. So, since the beginning of the conscious life of mankind, the issue of education has always been relevant. Let's think about how the developed countries of the world are achieving high development and well-being. First of all, isn't it because of the huge focus on science and education? Therefore, in recent years, in order to comprehensively develop our country, to create a new Uzbekistan, radical reforms are being carried out in the education system, as well as in all areas. As you know, dozens of important decrees, decisions and programs have been adopted. The law "On Education", approved yesterday, will undoubtedly open new horizons in the development of this area. In accordance with the law, distance, inclusive forms of education were introduced, and educational institutions were allowed to establish joint faculties and training centers with foreign institutions. Teachers were also given the right to freely choose authorial programs and teaching methods, modern pedagogical forms, methods of teaching and education. We have set ourselves the goal of creating a new Renaissance, the

foundation of the Third Renaissance in Uzbekistan through large-scale democratic changes, including educational reforms. [2]

In order for the views of the head of state to be reflected in life, it is expedient for us educators to do the following:

- Implementation of an approach to the education of young people in the framework of national and universal values;
- to accustom young people to a conscious lifestyle;
- to show young people the high level of development and well-being of developed countries in the world;
- further strengthening the focus on science and education;
- Creation of a new Renaissance in Uzbekistan, ie the foundation of the Third Renaissance;
- to bring up young people as followers of great ancestors.

In the process of forming professional stability in future teachers, the issue of inculcating the above-mentioned issues in their minds and hearts is leading. To do this, we must first determine what needs to be done within the framework of national and universal values. The following definition of the concept of value is given in the Encyclopedic Dictionary of Philosophy. "Value is a philosophical, sociological and axiological concept used to show the universal, socio-moral, cultural and spiritual significance of certain events in reality. Everything, events and happenings that are important for society, man and humanity: freedom, goodness, equality, peace, truth, enlightenment, culture, material and spiritual wealth, monuments, beauty, moral qualities and virtues, traditions, customs, custom, etc. [1] Values can be universal, universal national,

regional individual. Values as a product of social-historical development, a concept with its own historical roots, development, hereditary aspects, first of all, production, labor activity emerges as a set of things, events, behaviors that benefit human relationships, the activities of individuals, social groups it becomes and is becoming a spiritual phenomenon that directs its behavior in a certain direction, bringing it into the appropriate norm.

Throughout his life, man lives in a world of innumerable values. The being that surrounds humanity, the natural and social environment - the values that represent the most important aspects of important, animate and inanimate nature - are universal. Such values are eternal values and sacred values that will never lose their significance for society." [3]

"Values are social in nature and emerge and develop in the process of people's practical activities. The restoration of national culture and values, the development of our society and the cultural, spiritual, moral development of the human person, the upbringing of a perfect man who will become the owner of a great state in the future, paves the way for broad independence.

Values are the incomparable wealth of our people. It is our sacred duty to nurture, develop and enrich it. That is why today our free and liberated people are boldly striving for what is new and advanced in science and technology, culture and art in the enlightenment created by all nations and states. In the Uzbek land, a system of values that is unique and progressive, talented and, most importantly, necessary for people, is being built again and again, which will happen many times in history.

In the subject of research of today's science and philosophy, the expression of values is often encountered. However, it should be noted that in recent years the use of the term value in a very broad sense, especially in relation to cultural and spiritual events, customs, traditions, etc., has become more common. Many are accustomed to using

the term value in relation to something, an event, an event, a feature, and so on, in everyday communication. But it is sad that the meaning of this daily life is shifting to the scientific literature. It is one of the scientific requirements to use what everyone understands in its place, on its own scale. Scientific debates about values, philosophical reflections will always continue. Because the spiritual and intellectual development of society, the needs of humanity are constantly evolving. "[4] .Only national and universal values, a serious focus on educational values, can make the Third Renaissance possible.

"Speaking of this, first of all, each of us, the whole society, must understand the essence of the Third Renaissance. The rich scientific and cultural heritage of our people, ancient inscriptions inscribed in stone, priceless architectural monuments, rare manuscripts, various artifacts testify to the deep roots of three thousand years of the history of our statehood. As you all know, the torch of science that burned in Greece in ancient times re-ignited in Central Asia in the ninth to twelfth centuries. During this period, the first Renaissance appeared in the territory of our country, and it produced famous geniuses who are recognized all over the world. In particular, the world-famous scientific and creative discoveries of dozens of our great scholars, such as Muhammad Khorezmi, Ahmad Fergani, Abu Rayhan Beruni, Abu Ali ibn Sino, Mahmud Zamakhshari, have had an incomparable impact on the development of mankind." [2]

Considering that the future activities of future teachers should contribute to the development of mankind, the following work is being done.

First of all, students are taught methods and technologies of conscious approach to national and universal values. Improving the ability of students to use information

and communication technologies in the assimilation of national values. This topic has not lost its relevance even today. The study of the activities of great figures is becoming more and more important today. Humanity has always relied on national values during its development. That is why the people are doing unique work to convey the great spirituality of our ancestors to the youth. Educating young people to the level of a perfect human being is the main task of today.

Second, the launch of a system aimed at educating young people to become full-fledged human beings is inconceivable without national-spiritual values. It is no coincidence that the East is said to be the cradle of sophistication and religion. After all, the great scholars and thinkers of the East have inherited the importance of national values and their sanctity in their scientific, literary and artistic works. Evidence of this is the Zoroastrian book "Avesto", our holy books (the Holy Quran, Hadith Sharif) and Al-Khwarizmi, Al-Farghani, Al-Bukhari, Abu Nasr al-Farabi, Al-Beruni, Abu Ali Ibn Sina, Yusuf Khas Hajib, Great attention is paid to the works of At-Termizi, Ahmad Yassavi, Ijduvani, Suleiman Baqirgani, Najmiddin Kubro, Amir Temur, Mirzo Ulugbek, Abdurahmon Jami, Alisher Navoi, Hussein Voiz Kashifi, Babur, Nodira, Munis Ogahi and many other scholars and their upbringing. we can cite their focus. Iman Bukhari, At-Termizi, Beruni, Abu Nasr Farobi, Amir Temur, Mirzo Ulugbek, A. The life of the Navoi and At-Termizi's "Al-Jome'" (Reliable Collection), "Sunan at-Termizi" (Sunni of Termizi), Beruni's "Monuments of the Ancestors of the Past", "India", "Mineralogy", "Wonderful People of Khorezm", A Navoi's "hamsa", ghazals, A.Temir's teachings, Ulugbek's "Zij", "History of four nations" astonished the world scientific community with our rich spiritual heritage and took a high place among the advanced scientific works.

A. Avloni, one of the founders of our national pedagogy, said: "Education is for us a matter of life, death, salvation, destruction, happiness or disaster." In the upbringing of a child, intelligence, ingenuity, knowledge must occupy a high level. Therefore, the encyclopedic and religious scholars Abu Ali Ibn Sina, Abu Nasr al-Farabi, Beruni, Yusuf Khas Hajib, Mahmud Qashqari, Imam al-Bukhari, At-Termizi, az-Zamahshari, al-Marghinani, al-Motrudi, Najmiddin Kubro, The scientific heritage of Ahmad Yassavi, Naqshband and others is an important factor in the development of the intellectual potential of young people.

The poets and fuzalas who have become our national pride are Abu Nasr Farabi, A.Jami, A. Navoi, Babur, Nodira, Uvaysi and others in their works paid great attention to the problems of human development. [5]

Thirdly, it is expedient to take into account the following when teaching every young generation who intends to follow in the footsteps of great figures what to do in this regard. In this case:

- adequate response to parental advice;
- study of life experiences of adults;
- respect for universal and national values;
- respect for the values of other nations;
- conscious attitude to nature and society;
- formation of a culture of reading;
- not to err in choosing a profession;
- devotion to the chosen profession and profession;
- formation of sustainable activity skills;
- resilience to learning difficulties;
- Striving for innovation;

- Bringing out innovative ideas;

- to develop the skills to mobilize all available resources for the development and peace of the country.

In the formation of professional stability in future teachers, educators VE Chudnevsky (in the form of integrated education) LI Bozhovich (for the first time set the task of studying the stability of personality in children) of scientists dealing with the problem of formation of personality stability. A.K. Markova, NV Kuzmina, KK Platonov, B.Sieland, A.Tienellar (issues of labor psychology and teacher's personality) VLMarishuk (defined emotional stability in psychology), AVMiroshin ("emotional - introduced the term "volitional stability"), V.T.Ashchepkov V.M. Vydrin, L.A. Efimova, L. S. Shubina, R. Bramvell, B. Gorman, T. Stannet (adaptation of teachers to professional activities and prevention of staff turnover). Based on the above, students were told that when it comes to personality stability, the following should be considered.

Personality stability is the ability of a person to constantly maintain in social life the views that he considers acceptable and to respond spiritually to the opposite, contradictory, contradictory influences on his personal attitude to this worldview.

Explaining to students that the formation of personal stability is primarily carried out in family upbringing, attention was paid to: Remembrance of ancient values, the establishment of relationships between spouses in the family, the upbringing of children together, the formation of a high level of parental spirituality. creates the conditions for the formation of worldview.

The Holy Hadith also says, "Observe the rights of women. Treat them with kindness. And fear Allah concerning their rights. Wives are a gift from God to you.

Therefore, the spiritual habits of the father in the family, such as constantly caring for his spouse and children throughout his life, serve to ensure a healthy environment in the family. Seeing it, a healthy spiritually stable

worldview is formed in young people growing up. This is why an atmosphere of spiritual stability always reigns in such families.

In the family, if a couple develops a relationship of mutual respect, it will undoubtedly ensure the establishment of a highly spiritually stable environment. This is especially important in the upbringing of our future children, which will allow them to build a strong family in the future.

As Abdullah Avloni noted in his pamphlet "Turkish Gulistan or Morality": He protects his soul from destruction and pride. Patience is such a powerful thing that it turns lust into chastity, anger into courage, violence into humility, greatness into humility, and evil into good."

If the parents in the family constantly insult and do not respect each other, then the moral important is violated. It undermines the stable and positive relationship between parents. Children suffer from this. They also do not respect each other. Eventually, the children of such a family will lose a stable approach to all social and economic spheres. It is not for nothing that it is said, "A good bride does not talk about the house."

Because every family has its own secrets, and educational institutions will have their own system. Any future teacher who wants to work within this system will be able to carry out sustainable activities while being aware of its secrets and maintaining it. The success of an educational institution is, of course, reflected in the love of its members for their profession.

In the process of preparing students for pedagogical activity, working with each boy and girl individually, explaining to them that the teaching profession is an ancient and honorable profession, good habits, avoidance of evil, distinguishing good from sin, honest from unclean based on our values also lead to a stable environment. Any boys and girls brought up in such a pedagogical environment can work in the field of pedagogy.

In our opinion, the psychological stability of the student plays an important role in the formation of strong professional stability in future teachers. Therefore, the stability of students' activities and behavior ensures their self-confidence.

To do this, future teachers need to know:

- The importance of stability in the spiritual unity of the community;
- not to change his professional position;
- Ensuring the mobility of the team - economic, organizational and social cohesion as a result of the implementation of spiritual activities;
- Stability in terms of positive motivations in terms of quantity (productivity), quality (perfection);
- The system of self-government in the teaching profession.
- The study of factors that negatively affect the sustainability of the teaching profession.
- Elimination of overloads that do not correspond to the work of the teacher;
- The need to improve innovative technologies in teacher training;
- that the future teacher is honored by his chosen profession;
- Requirements for future teachers;
- an integrated approach to the problem of professional activity and professional stability;
- The perfection of the level of emotional, emotional-volitional, moral, intellectual knowledge that affects the teaching activity can be the basis for a stable career in the future.

Today, following the following recommendations will give good results in preparing future teachers for sustainable career.

The pedagogical system of higher education needs to improve the mechanism of preparation and selection of children from school. This is because even though the children in the school know the outside of the pedagogical profession, they do not have a full

understanding of it because they do not know its inner aspects.

Subjects in the category of pedagogy, which teaches the secrets of teaching, should be included in the curriculum. The more these subjects are taught, the more opportunities there will be for future teachers to acquire professional knowledge. This, in turn, serves to ensure professional flexibility and professional stability in future teachers.

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